

A Litany of Lament and Hope

As the Blessed Virgin Mary held her son in joy and in sorrow,
so we hold all those affected by coronavirus in lament and hope,
asking her to help us in our prayers.

Before the Lord, we remember:

those who are sick:

Well of Healing, pray for us;

those who tend the sick at home, in hospital or in the community:

Strength of the Carer, pray for us;

those who are anxious, who cannot switch off the news:

Health of the Sick, pray for us;

those whose sense of self comes from being busy,
now locked down and feeling worthless:

Consoler of the Afflicted, pray for us;

those with poor mental health or additional needs, whose services have been cut:

Virgin Most Powerful, pray for us;

those fearful of going outside, even once restrictions are lifted:

Lady of Victory, pray for us;

those who must grieve at a distance:

Our Lady of Sorrows, pray for us;

those who need to be hugged and held as they mourn their loved ones:

Comforter of the Afflicted, pray for us;

those who prepare the dead for their final rest:

Mother of Pity, pray for us;

those separated from loved ones and cherished places:

Channel of Grace, pray for us;

those who struggle with isolation:

Companion in Solitude, pray for us;

those who are fearful and pregnant, for the safe delivery of their babies:

Our Lady of Life, pray for us;

grandparents separated from their grandchildren
and frightened they may not see them again:

Blessed Mother, pray for us;

young people who have returned early from university whose home life is difficult:

Queen of Peace, pray for us;

those on furlough, those laid off from work and those whose work is precarious:

Virgin Most Powerful, pray for us;

the children and young people with no internet
who cannot study or connect with the wider world:

Gate of Heaven, pray for us;

teachers who risk their safety for key-workers and vulnerable children:

Seat of Wisdom, pray for us;

those whose essential work maintains the fabric of our common life:

Co-worker with God, pray for us;

those in lockdown in unsafe, abusive and violent contexts:

Helper of All in Danger, pray for us;

those in temporary accommodation, whose physical or spiritual needs are unmet:

Shelter of the Vulnerable, pray for us;

those at the mercy of neglectful landlords, trapped in the suffering of powerlessness:

Tabernacle of God, pray for us;

those struggling to provide food for themselves and their families:

Mother of Wisdom, pray for us;

those who volunteer at food banks:

Lady of Good Help, pray for us;

those whose poverty puts them most at risk:

Power of the Lowly, pray for us;

those who are homeless or refugees, and all with no one to care for them:

Hope of the Exile, pray for us;

young people, who will pay the financial and emotional costs in the years ahead:

Queen of Heaven, pray for us;

those in leadership and government needing wisdom and humility:

Advocate of the Voiceless, pray for us;

those volunteering time and gifts or offering mutual aid:

Heart of Mary, pray for us;

those denied sacraments of baptism, anointing, ordination and eucharist:

Mother of the Church, pray for us;

those longing to worship with others while churches are locked:

Gateway to Life, pray for us;

those offering pastoral and sacramental ministry:

Our Lady of Perpetual Help, pray for us;

those seeking a vaccine and testing their work:

Our Lady of Wholeness, pray for us;

those glimpsing a world of greater justice and deeper peace:

Hope of the Poor, pray for us;

those dreaming of creation restored:

Mother of Earth, pray for us;

those finding hope in compassion and renewal in prayer:

Fount of Joy, pray for us.

Holy Mary, Mother of God,

you brought the Word to a world in pain and fear:

in your love, pray for us

and guide us and all God's children

to fullness of life

in the Heart of your Son,

Jesus Christ our Lord.

Amen.