



ST JOHN THE  
EVANGELIST  
UPPER NORWOOD



**Parish Mass**

**The Second Sunday of Lent**  
**28<sup>th</sup> February 2021 10am**

*Fr Myles Owen presides at Mass today*

## **The Gathering**

*The Organ plays as the Sacred ministers enter.*

*The president says*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
**Amen.**

## **The Greeting**

The Lord be with you  
**and also with you.**

*The president introduces the service.*

## **Prayers of Penitence**

*The deacon invites us to confess our sins*

The sacrifice of God is a broken spirit;  
a broken and contrite heart God will not despise.  
Let us come to the Lord, who is full of compassion,  
and acknowledge our transgressions in penitence and faith.

*Silence is kept.*

Most merciful God,  
**Father of our Lord Jesus Christ,**  
**we confess that we have sinned**  
**in thought, word and deed.**  
**We have not loved you with our whole heart.**  
**We have not loved our neighbours as ourselves.**  
**In your mercy**  
**forgive what we have been,**  
**help us to amend what we are,**  
**and direct what we shall be;**  
**that we may do justly,**  
**love mercy,**  
**and walk humbly with you, our God.**  
**Amen.**

*The Cantor sings the Kyrie*

Lord, have mercy.  
Christ, have mercy.  
Lord, have mercy.

*The president says the absolution*

May the Father of all mercies  
cleanse us from our sins,  
and restore us in his image  
to the praise and glory of his name,  
through Jesus Christ our Lord.  
**Amen.**

## **The Collect**

*The president introduces a period of silent prayer and then sings*

Almighty God,  
you show to those who are in error the light of your truth,  
that they may return to the way of righteousness:  
grant to all those who are admitted  
    into the fellowship of Christ's religion,  
that they may reject those things  
    that are contrary to their profession,  
and follow all such things as are agreeable to the same;  
through our Lord Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
**Amen.**

# The Liturgy of the Word

## Readings

*We SIT for the readings.*

Read by Margaret Cunningham

A reading from the book Genesis.

When Abram was ninety-nine years old, the LORD appeared to Abram, and said to him, 'I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous.' Then Abram fell on his face; and God said to him, 'As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you.

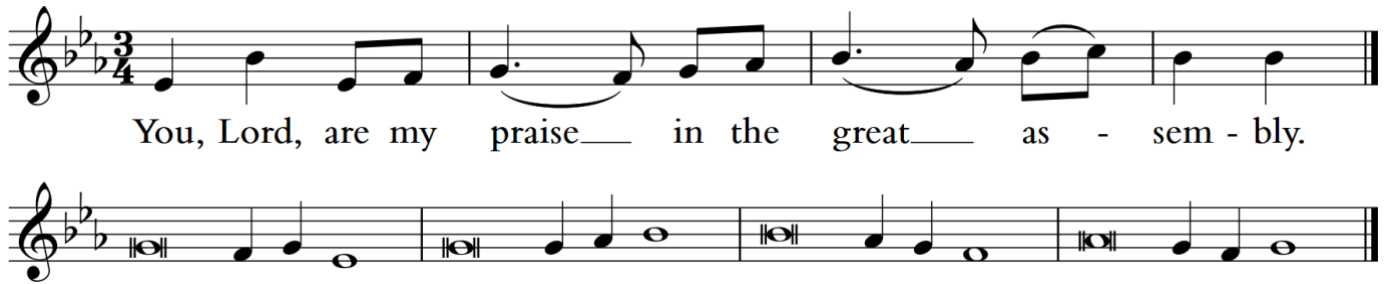
God said to Abraham, 'As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her.'

*Genesis 17.1-7, 15-16*

This is the word of the Lord.

**Thanks be to God.**

*The Cantor leads us in the Responsorial Psalm*



**You, Lord, are my praise in the great assembly.**

- 1 My vows I will pay before those who fear him.  
The poor shall eat and shall have their fill.  
They shall praise the Lord, those who seek him.  
May their hearts live for e-ver and ever!
- 2 All the earth shall remember and return to the Lord,  
all families of the nations shall worship be-fore him.  
They shall worship him, all the mighty of the earth,  
before him shall bow all who go down to the dust.
- 3 And my soul shall live for him, my chil-dren serve him.  
They shall tell of the Lord to generations yet to come;  
declare his faithfulness to people yet unborn:  
'These things the Lord has done.'

*Psalm 22 26-end*

Read by David Riches

A reading from St Paul's Letter to the Romans.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become 'the father of many nations', according to what was said, 'So numerous shall your descendants be.' He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith 'was reckoned to him as righteousness.' Now the words, 'it was reckoned to him', were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

*Romans 4. 13–end*

This is the word of the Lord.

**Thanks be to God.**

## Gospel Reading

We **STAND** to sing the acclamation to welcome the Gospel. We **TURN** to face the Book of the Gospels, as Christ speaks to his people.

Praise to you O Christ, King of e - ter - nal glo - ry.

Tone vi

Blessed are those who have endured temp-ta-tion;  
they have stood the test and will re-ceive the crown of life.

### **Praise to you, O Christ, King of eternal glory**

The Lord be with you and al - so with you.

Hear the Gospel of our Lord to Mark. **Glory to you, O Lord.**  
Jesus Christ according

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.' He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation,

of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.'

*Mark 8.31-end*



This is the Gospel of the Lord. **Praise to you, O Christ.**

## **Sermon**

Fr Andrew Wilson

*We SIT. The sermon is followed by a short organ reflection*

## **The Creed**

*We STAND.*

Let us declare our faith in God, Father, Son and Holy Spirit.

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**



**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

## **Prayers of Intercession**

*We **KNEEL** or **SIT** to pray. The president introduces the prayers*

With confidence and trust let us pray to the Father.

*Led by Bob Atkinson*

*This response is used*

Lord of compassion,  
**in your mercy hear us.**

*At the end*

God our Father,  
in your love and goodness  
you have taught us to come close to you in penitence  
with prayer, fasting and generosity;  
accept our Lenten discipline,  
and when we fall by our weakness,  
raise us up by your unfailing mercy;  
through Jesus Christ our Lord.  
**Amen.**

## **The Liturgy of the Sacrament**

### **The Peace**

*We **STAND**. The president introduces the Peace*

Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ,

who has given us access to his grace.

The peace of the Lord be always with you  
**and also with you.**

*The deacon says*

Let us offer one another a sign of peace.

## Preparation of the Table Taking of the Bread and Wine

NEH 76



**Take up thy cross, the Saviour said,  
if thou wouldst my disciple be;  
deny thyself, the world forsake,  
and humbly follow after me.**

**Take up thy cross; let not its weight  
fill thy weak spirit with alarm;  
his strength shall bear thy spirit up,  
and brace thy heart, and nerve thine arm.**

**Take up thy cross, nor heed the shame,  
nor let thy foolish pride rebel;  
the Lord for thee the Cross endured,  
to save thy soul from death and hell.**

**Take up thy cross then in his strength,  
and calmly every danger brave;  
'twill guide thee to a better home,  
and lead to victory o'er the grave.**

**Take up thy cross, and follow Christ,  
nor think till death to lay it down;**

**for only he who bears the cross  
may hope to wear the glorious crown.**

**To thee, great Lord, the One in Three,  
all praise for evermore ascend;  
O grant us in our home to see  
the heavenly life that knows no end.**

*'Breslau'*

*Charles Everest (1814–77)*


*from As Hymnodus Sacer (Leipzig, 1625)  
arranged by Felix Mendelssohn (1809–47)*

Pray, my brothers and sisters,  
that our sacrifice may be acceptable to God the almighty Father.  
**May the Lord accept the sacrifice at your hands,  
for the praise and glory of his name,  
for our good and the good of all his church.**

God of our journey,  
as we walk with you on your path of obedience,  
sustain us on our way and lead us to your glory;  
through Jesus Christ our Lord.

**Amen.**

## The Eucharistic Prayer



The\_ Lord be with you and\_ al- so with you.

Lift up your hearts. **We lift them to\_ the Lord.**

Let us give thanks to\_\_\_ the Lord\_ our God.

**It is right to give thanks and praise.\_**

The image shows four staves of musical notation in G major (one flat) and 4/4 time. Each staff contains a melody line with lyrics underneath. The first staff has a double bar line in the middle. The second staff has a double bar line in the middle. The third and fourth staves do not have double bar lines. The lyrics are: 'The\_ Lord be with you and\_ al- so with you.', 'Lift up your hearts. **We lift them to\_ the Lord.**', 'Let us give thanks to\_\_\_ the Lord\_ our God.', and '**It is right to give thanks and praise.\_**'

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.  
For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.  
As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and singing:

The Cantor sings the Sanctus and Benedictus

Holy, holy, holy Lord God of Hosts.  
Heaven and earth are full of thy glory.  
Glory be to Thee, O Lord most high  
Blessed is he who cometh in the name of the Lord.  
Hosanna in the highest.

*You are encouraged to **REMAIN STANDING**, or you may kneel or sit.*

Accept our praises, heavenly Father,  
through your Son our Saviour Jesus Christ,  
and as we follow his example and obey his command,  
grant that by the power of your Holy Spirit  
these gifts of bread and wine  
may be to us his body and his blood;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Therefore, heavenly Father,  
we remember his offering of himself  
made once for all upon the cross;  
we proclaim his mighty resurrection and glorious ascension;  
we look for the coming of your kingdom,  
and with this bread and this cup  
we make the memorial of Christ your Son our Lord.

*The deacon introduces the acclamation*

Christ is the bread of life:  
**When we eat this bread and drink this cup,  
we proclaim your death, Lord Jesus,  
until you come in glory.**

Accept through him, our great high priest,  
this our sacrifice of thanks and praise,  
and as we eat and drink these holy gifts  
in the presence of your divine majesty,  
renew us by your Spirit,  
inspire us with your love  
and unite us in the body of your Son,  
Jesus Christ our Lord.

Through him, and with him, and in him,  
in the unity of the Holy Spirit,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty,  
in songs of everlasting praise:



Bles-sing and hon-our and glo-ry and power



be yours for ev-er and ev-er. A-men.

## The Lord's Prayer

Trusting in the compassion of God,  
let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;**

**thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

### **Breaking of the Bread**

Every time we eat this bread  
and drink this cup,  
**we proclaim the Lord's death  
until he comes.**

### **Giving of Communion**

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

The Body and Blood of Christ keep you in eternal life. Amen

*The Cantor sings the Agnus Dei*

O Lamb of God, that takest away the sins of the world, have mercy on us.  
O Lamb of God, that takest away the sins of the world, have mercy on us.  
O Lamb of God, that takest away the sins of the world, grant us they  
peace.

*During the distribution of communion, the Lent Prose **may** be sung.*



Hear us, O Lord, ★ have mer - cy up - on us:



for we have sin - ned a - gainst thee.

To thee, Redeemer, on thy throne of glory,  
lift we our weeping eyes in holy pleadings:  
listen, O Jesu, to our supplications.

O thou chief Corner-stone, Right Hand of the Father,  
Way of Salvation, Gate of Life Celestial:  
cleanse thou our sinful souls from all defilement.

God, we implore thee, in thy glory seated:  
bow down and hearken to thy weeping children;  
pity and pardon all our grievous trespasses.

Sins oft committed now we lay before thee;  
with true contrition, now no more we veil them:  
grant us, Redeemer, loving absolution.

Innocent, captive, taken unresisting,  
falsely accused, and for us sinners sentenced:  
save us, we pray thee, Jesu our Redeemer.

*Plainsong, Mode v*

*Attende Domine  
10<sup>th</sup>-century Mozarabic hymn*



## Prayer after Communion

*We **STAND**. The president invites us to pray and then sings*

Almighty God,  
you see that we have no power of ourselves to help ourselves:  
keep us both outwardly in our bodies,  
and inwardly in our souls;  
that we may be defended from all adversities  
which may happen to the body,  
and from all evil thoughts which may assault and hurt the soul;  
through Jesus Christ our Lord.  
Amen.

Almighty God,  
**we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory.  
Amen.**

*Notices are given, and banns of marriage may be read.*

## The Dismissal

The Lord be with you  
**and also with you.**

God,  
who from the death of sin raised you to new life in Christ,  
keep you from falling and set you in the presence of his glory;  
and the blessing of God almighty,  
the Father, the Son and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

*The deacon says*

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

## **Devotions after Mass**

*We turn to face the statue of Mary*

## **The Angelus**

The Angel of the Lord brought tidings to Mary,

**And she conceived by the Holy Ghost.**

Hail Mary, full of grace, the Lord is with thee,

Blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

**Holy Mary, Mother of God, pray for us sinners,**

**now and at the hour of our death. Amen.**

Behold the handmaid of the Lord;

**Be it unto me according to thy word.**

Hail, Mary . . .

And the Word was made flesh,

**And dwelt among us.**

Hail, Mary . . .

Pray for us, O holy Mother of God.

**That we may be made worthy of the promises of Christ.**

Let us pray.

We beseech thee, O Lord, pour thy grace into our hearts;

that, as we have known the incarnation of thy Son Jesus Christ

by the message of an angel, so by his cross and passion

we may be brought unto the glory of his resurrection;

through the same Christ our Lord. **Amen**

## **THIS WEEK'S PRAYER DIARY**

Christopher our Bishop; Justin our Archbishop;  
Jonathan, Bishop of Croydon

### **Those we have been asked to pray for**

Georgina Papanicolaou, Pat Heaven, Norman Sowerby, Di Tudway,  
David Fuest, Helen Nutting, Dave Hines, Fintan Crotty, Graham Spalding,  
Sabir, Donovan Donaldson, Liz Woodhouse, Pat Parker, James  
Delaney, Nathan Tulip, Christopher Love, David Maitland,  
Simon Gabe, Michael Hale, Vinnette & Mike Melbourne, Michael Cooper,  
Peter Bibby, Julie Loh, Ann Newman, Naomi Ioannou, Alan  
Driedger, June McCallum, Carmen Alveraz, Paul Allen, and Poh Wong

### **Those known to us recently departed**

Sidney Saunders 'Mickey', John King, Nancy Dance, Samuel Barrett,  
Alec Cuterson.

### **Past priests, benefactors, friends, and all whose year's mind occurs this week**

Walter Martin, Graham Knight, Frank Adams, Grace Golds,  
Victor McCallum, Lilian Gristwood, *Benefactor*, Charlotte Benton,  
Geoffrey Marshallsay, Olive King, Sarah Hopkins, Fanny Fairhurst,  
Harry Bateman, Sarah Joad, John Dyke, Lee Thornhill, Doreen Wilkins,  
Jack Merrett, Percy Rust, Katherine Howse

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## Notices

**Stations of the Cross:** Stations of the Cross are available on [our YouTube channel](#)

**Bereavement Group:** the Bereavement Group will be held online on 6, 13, 20, 27 March and 3 April at 2-3.30pm. If you would like to participate, please email [sjunoffice@gmail.com](mailto:sjunoffice@gmail.com)

**Nancy Dance:** on Low Sunday, 11 April, a 2.30pm Mass will celebrate the life of Nancy Dance. Her ashes will be interred in the Calvary Garden following the service.

**APCM:** the APCM, to cover the two years 2019 and 2020, will be held on Sunday 18 April, after the Mass. We will be electing churchwardens and PCC members - nomination forms will be available soon. Anyone who would like to volunteer to welcome, read or count will also be invited to put themselves forward.

## SERVICES AND ACTIVITIES THIS WEEK

### Monday 1<sup>st</sup> March

6pm Christian Meditation *on Zoom*

### Tuesday 2<sup>nd</sup>

3.30pm Christian Meditation *on Zoom*

### WEDNESDAY 3<sup>rd</sup>

10am Low Mass (on Zoom)

### Friday 5<sup>th</sup>

**Stations of the Cross (Youtube)**

### Saturday 7<sup>th</sup>

10am Mass (on Zoom)

### Next Sunday, 7<sup>th</sup> March 3<sup>rd</sup> Sunday of Lent

9.15am Morning Prayer 10am High Mass 5pm Evening Prayer

**The Parish Church of St John the Evangelist, Upper Norwood**

**Vicar: The Reverend John Pritchard** (day off Tuesday)

T: 020 8771 6686 E: [johnapritchard@hotmail.co.uk](mailto:johnapritchard@hotmail.co.uk)

**Honorary Assistant Priests:** The Reverend Canon Andrew Wilson,  
The Reverend Tom Hurcombe, The Reverend Myles Owen  
**Reader:** Rob Barber **SPA:** Danny Simpson  
**Reader in Training:** Sarita Brown Smedley

For amendments to the prayer list please contact Fr John

**Safeguarding Officers:** Rachel Rae and Rebecca Hall.

E: [sjunsafeguarding@gmail.com](mailto:sjunsafeguarding@gmail.com)



Loving God  
Walking with Jesus  
Led by the Spirit  
Luke 24:13-35

The Diocese of Southwark



ST JOHN THE  
EVANGELIST  
UPPER NORWOOD